

JANUARY MENU



Each lunch includes fresh fruit + milk that is rBST-free. Our daily milk offering includes nonfat and 1%.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<ul style="list-style-type: none"> Rev O's Triple Berry 	<ul style="list-style-type: none"> Apple Cinna-Grins Cinnamon Bagel Cheesy Chicken Quesadilla Southwest Bean and Cheese Quesadilla Beef and Bean Chili Chicken Caesar Salad Cheese Sandwich 	<ul style="list-style-type: none"> Apple Muffin Zac Apple Bar Breakfast Burrito Chicken and Cheese Enchilada Bean and Cheese Burrito Grilled Chicken Sandwich Turkey and Cheese Sandwich Southwest Chicken Wrap 	<ul style="list-style-type: none"> Turkey and Cheese English Muffin Yogurt and Granola Beef Hot Dog Macaroni and Cheese Spaghetti and Meatballs Southwest Chicken Salad Sunbutter and Jelly Sandwich
2	3	4	5	6
<ul style="list-style-type: none"> Zac Marionberry Rev O's Cheeseburger Garden Vegetable Bean and Noodle Soup Chicken Noodle and Vegetable Soup Ham and Cheese Sandwich Chicken Caesar Salad 	<ul style="list-style-type: none"> Coffee Cake Muffin Plain Bagel Pasta with Zesty Beef and Cheese Cheese Pizza Sloppy Joe Sunbutter and Jelly Sandwich Turkey Sandwich 	<ul style="list-style-type: none"> English Muffin with Cheese S'Wheat Honey Puffs Cheesy Chicken Quesadilla Cheese Tamale Chicken Tamale Southwest Chicken Salad Cheese Sandwich 	<ul style="list-style-type: none"> Blueberry Muffins Pumpkin Muffins NEW! *Buffalo Chicken Sandwich* Macaroni and Cheese Chicken Teriyaki Turkey and Cheese Sandwich Chicken Caesar Wrap 	<ul style="list-style-type: none"> Apple Cinna-Grins Cinnamon Bagel Omlet and Cheese Chicken Pasta Alfredo Cheese Enchilada Beef Hot dog Southwest Chicken Wrap Chicken Salad Sandwich
9	10	11	12	13
	<ul style="list-style-type: none"> Apple Cinnagrins Rev O's Cheeseburger Bean and Cheese Burrito Spaghetti with Meatballs Ham and Cheese Sandwich Chicken Caesar Wrap 	<ul style="list-style-type: none"> Sunbutter and Jelly with a Roll Plain Bagel Cheesy Chicken Quesadilla Southwest Bean and Cheese Quesadilla Beef Soft Taco Turkey and Cheese Sandwich Chicken Salad Sandwich 	<ul style="list-style-type: none"> Banana Muffin Zac Strawberry BBQ Chicken Wings Veggie Chili with Cheese Grilled Chicken Sandwich Sunbutter and Jelly Sandwich Southwest Chicken Salad 	<ul style="list-style-type: none"> English Muffin with Turkey and Cheese Yogurt and Granola NEW! *Deep Dish BBQ Chicken Pizza* Cheese Tamale Beef Hot Dog Chicken Caesar Salad Cheese Sandwich
16	17	18	19	20
<ul style="list-style-type: none"> Zac Apple S'Wheat Honey Puffs Cheeseburger Cheese Pizza Sloppy Joe Ham and Cheese Sandwich Cheese Sandwich 	<ul style="list-style-type: none"> English Muffin and Cheese Blueberry Muffin Fiesta Bowl with Beef Fiesta Bowl with Bean and Cheese Chicken Noodle and Vegetable Soup Southwest Chicken Wrap Turkey and Cheese Sandwich 	<ul style="list-style-type: none"> Cinnamon Bagel Zac Marionberry Cheesy Chicken Quesadilla Spaghetti Marinara with Vegetarian Meat Sauce Grilled Chicken Sandwich Southwest Chicken Salad Sunbutter and Jelly Sandwich 	<ul style="list-style-type: none"> Rev O's Omelet with Cheese Coffee Cake Muffin Chicken Pasta Alfredo Garden Vegetable Bean and Noodle Soup Chicken Teriyaki Ham and Cheese Sandwich Chicken Caesar Wrap 	<ul style="list-style-type: none"> Yogurt and Granola Popalongs with String Cheese NEW! *Buffalo Chicken Sandwich* Macaroni and Cheese Beef Hot Dog Turkey and Cheese Sandwich Chicken Salad Sandwich
23	24	25	26	27
<ul style="list-style-type: none"> Zac Marionberry Apple Cinnagrins Cheeseburger Veggie Chili with Cheese Beef and Bean Chili Turkey and Cheese Sandwich Chicken Salad Sandwich 	<ul style="list-style-type: none"> Apple Muffin Sunbutter Breakfast Burrito NEW! *BBQ Chicken Pizza* Cheese Pizza BBQ Chicken Sandwich Ham and Cheese Sandwich Chicken Caesar Wrap 			
30	31			

Chef reserves the right to change menu for seasonality and new menu innovation.

Quality Standards: Our menus are based on fresh, seasonal items and we use organic, locally produced ingredients whenever possible. Our meats, baked goods, and produce meet Whole Foods Market's stringent quality standards. All Revolution Foods meals are served with milk that is rBST-free. Vegetarian & Dairy-free options available daily .